

Mansion Street Women's Health, PLLC.

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Medications Safe for Pregnant Patients

Symptoms

Headache

Cold...stuffy head
Stuffy, runny nose,
Itchy, watery eyes,
Allergies and sinus

For Sleep

Cough

Sore Throat

Heartburn, gas,
sour stomach

Constipation

Diarrhea

Nausea, Vomiting

Painful urination or
frequency

Hemorrhoids

Itching, skin rash

Yeast Infection
When breast feeding:

Medications

Tylenol-type (Acetaminophen)

Use as needed: (choose according to your symptoms)
Sudafed tablets, Afrin nose spray (at night) Tylenol Cold, Tylenol Cough,
Tylenol Cough with Decongestant, Tylenol Flu, Tylenol Allergy/Sinus
Tylenol Sinus, Zyrtec, Claritin, Allegra

Bananas, milk, occasional Tylenol PM, Benadryl

Robitussin DM liquid/Tylenol Cough

Throat Lozenges, Chloraseptic gargle or spray, warm salt water gargle

Riopan Liquid or Tabs (low salt), Phazyme tablets, Mylicon chewable,
Maalox, Tums, Rolaids, Mylanta, Zantac, Prilosec OTC

Benefiber (natural bulk), Colace, Surfak (stool softener) (generic DSS)
Pericolace (laxative and stool softener), Milk of Magnesia, Miralax

Imodium (NO Pepto Bismol)
(Call for Rx if needed)

Emetrol, Vitamin B6 and Unisom
Call for Rx if needed

Azo (OTC) or Pyridium- Do NOT take before getting urine sample
Call for Rx if needed

Tronolane, Preparation H, Anusol

Benadryl, Cort-aid (0.5 % or 1.0% hydrocortisone) cream,
Aveeno bath

Monistat
All are ok except antihistamines (Benadryl, Zrtec, Claritin, etc.)

All medications listed are available at your drug store without a prescription, except where noted.
If you need a prescription drug, call our office **WITH YOUR PHARMACY NUMBER**. When you see
another physician or dentist: Be sure he / she knows that you are pregnant.